

“The Fun One”

VOLUME 2, NUMBER 3, March 2011



Flotilla 33-1

**40 & 8 Club
3113 S. 70 St.
Omaha, Nebraska**

FLOTILLA 33-1 OFFICERS

Flotilla Commander (FC) - Barclay Stebbins
Vice Flotilla Commander (VFC) -
Jean Goble
Immediate Past Flotilla Commander (IPFC) -
Richard Goble
Secretary (FSO-SR) - Tom Correll
Treasurer (FSO-FN) - George McNary
Communications (FSO-CM) - Jim Westcott
Communication Services (FSO-CS) -
Barb Westcott
Information Services (FSO-IS) -
Barclay Stebbins
Materials (FSO-MA) - Bernard McNary
Marine Safety (FSO-MS) - Tom Spieker
Aids to Navigation (FSO-NS) - Pete Petersen
Member Training (FSO-MT) - George McNary
Operations (FSO-OP) - Warren Koehler
Public Affairs (FSO-PA) - Damien Petersen
Publications (FSO-PB) - Barb Westcott
Public Education (FSO-PE) - Richard Goble
Personnel Services (FSO-HR) - Jean Goble
Program Visitor (FSO-PV) - Richard Goble
Vessel Examiner (FSO-VE) - Warren Koehler

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Published by and for members
of Flotilla 33-1 U.S. Coast
Guard Auxiliary 8th Western
Rivers Region. Opinions ex-
pressed herein are not necessar-
ily those of the U.S. Coast
Guard or U.S. Coast Guard
Auxiliary.

SCHEDULE OF EVENTS

4-6 Mar	Spring Symposium Tulsa, Oklahoma
12 Mar	Nebraska State Boating Safety Class at Cassling Co.
19 Mar	Awards Weekend Mahoney State Park
21 Mar	Flotilla 1 Meeting

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FLOTILLA COMMANDER'S MESSAGE



We have now had our second official flotilla meeting and all seem to be settling into their staff positions. I know there will be some questions, so again don't hesitate to ask. I firmly believe, the dumb thing to do is not to ask a question about something you don't understand.

We have taken a one two hit in the area of marinas. It's definite that we are not going to have an operational marina in Bellevue, and some questions are still out there regarding Sand Piper Cove. We will have to wait and see how that pans out. If this is the case it will also pose some OPS patrol mission problems. We will also have to address and try to work that challenge.

This will also challenge our VE's to be a little more aggressive in getting out to boat ramps and around the neighborhood to get those accomplished. It may be a good opportunity for the PA and VE officers to do some joint planning. As always, anyone with an idea please speak up. New ideas may foster some things to build on.

On the brighter side, the snow is again melting and we have completed our first public education boating class. The class had 13 students and most did a pretty good job on the test. We will need to review those results and see where things can be tweaked to cover those areas that were not emphasized enough.

Keep track of those upcoming events. The next big event is the 2011 Awards and Training on 19 March at Mahoney State Park. I sent out the letter with the schedule and menu. Some have asked if they need to attend the training. The answer is yes, for the Operations Workshop and 1hr TCT. These are annual requirements for anyone planning on doing boat crew/coxswain duties this summer. The afternoon workshops are optional however, they have good information.

If you have not done so, please submit your head count to me if you are planning to attend the Awards Dinner. Hope to see you all there.

Barclay Stebbins, FC

One of the websites that you should check out within the Coast Guard Auxiliary's site: http://auxbdeptwiki.cgaux.org/index.php/Main_Page



Welcome to the **US Coast Guard Auxiliary Recreational Boating Safety Wiki** (or *AuxBWiki*). This site serves as a clearinghouse for information about the Coast Guard Auxiliary's collaborative efforts with other organizations. We currently have sections about:

[Boy Scouts of America](#)

[Merit Badge Counseling: Motorboating, Small-Boat Sailing, Water Sports, Whitewater](#)
[Providing Shoreside and Underway Training to Sea Scouts](#)

[National Safe Boating Week](#)

[Paddlesports](#)

[States](#)

[U.S. Naval Sea Cadet Corps](#)

[Providing Shoreside and Underway Training to Sea Cadets](#)

Additional sections will be developed over time. We welcome your recommendations for sections we should consider developing, or any other recommendations for improving this resource. Please email us at: bc-bri@bdept.cgaux.org

2011 Watch Words/Mission Statement/Goals:

Educate – Educate our members
Evolve – Evolve processes
Excel – Excel in our missions

Through member education and process evolution, we will excel in the missions outlined by the four cornerstones of the Auxiliary; VSCs, Public Education, USCG Operations, and fellowship.

Goals – Need to be 1) achievable, 2) measurable and 3) further our missions.

Frank Reiss
DCDR 33 8WR



Updates



<http://users.mo-net.com/district8wr/members/index.htm>

Auxiliary Surface Operations Survey

1. The National Commodore is concerned about the reduction over the past few years of surface facilities and qualified boat crew program participants. He has commissioned a survey of Auxiliary surface facility owners and boat crew program participants to help determine the specific reasons behind these reductions. Since a high-water mark in 2004, the numbers of Auxiliary surface facilities, qualified coxswains and boat crew members, and total surface operations hours have all significantly declined, ranging in reduction from 18% to 30%. These reductions have occurred at the same time that Auxiliary membership has gradually risen since 2007.
2. An online survey questionnaire has been prepared to help identify reasons why the Auxiliary is losing these operational resources. It can be found at: <http://www.surveymonkey.com/s/Y8FVSK8>
3. All Auxiliarists who meet the following criteria are asked to complete this survey within the next 15 days: Active and retired Auxiliarists who have recently removed their surface facility from use or who have all their coxswain/crew member currency or qualification to lapse.
4. Although respondents may be tempted to select each and every listed choice that has caused concern about the program, PLEASE JUST SELECT THE BEST ANSWER FROM THE LIST PRESENTED.
5. Point-of-contact for any questions: commodore Bill Crouch at wecrouch@comcast.net .24feb11

State of the Coast Guard Address now online - Admiral Bob Papp, Commandant, gave his first State of the Coast Guard Address on February 10, 2011. The Admiral's address is now online at http://cgvi.uscg.mil/media/main.php?g2_itemId=1118951 In addition, the text of his speech and the new Commandant's Direction is posted on the Senior Leadership page located at <http://www.uscg.mil/seniorleadership> 14feb11

Vessel Facility Inspection and Offer For Use Form revised - Form ANSC 7003 for Vessel Facility Inspection and Offer For Use has been revised effective January 2011 and posted to the National forms webpage. The old form has been superseded. Please use the new form when doing new or annual renewal for your OPFAC (Operations Facility). 27jan11

DSAR 2011 - The website for DSAR 2011 is located at <https://sites.google.com/site/dsar2011> This site contains the Registration forms for the teams, Competitor's Handbook, registration and other deadlines, location information, other important dates, etc. The link to the DSAR 2011 website will be available in the left navigation column of this webpage (<http://users.mo-net.com/district8wr/members/index.htm>) under the Training category near the bottom of the column until after the DSAR event. 25feb11

The 2011 DSAR is June 3-4, 2011 in Kimberling City, MO. Official travel days are Thursday, June 2 and Sunday, June 5. If you plan to come to DSAR, you can request non-reimbursable orders to get the lower hotel rate.

If you have already sent one to Laura Simpson, do not send another one unless information has changed since you sent the first one. Please complete your travel order request using the link: http://www.trlmo.com/cgau8wr/Forms/trvrqst_eform.htm

Please state in the comments section that it should be for non-reimbursable orders.

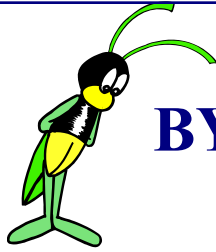
Submit your travel order request to Laura Simpson no later than Tuesday, May 19, 2011.

Thank you.

Jack

Jack Gumb
8WR D-CR
DSAR 2011 Coordinator





BY THE HEALTH BUG

March Notes

As this section is not just for boating, here is some information from the [American Heart Association](#):

What are the sign of a Heart Attack?

Some heart attacks are sudden and intense — the "movie heart attack," where no one doubts what's happening. But most heart attacks start slowly, with mild pain or discomfort. Often people affected aren't sure what's wrong and wait too long before getting help. Here are signs that can mean a heart attack is happening:

- **Chest discomfort.** Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.
- **Discomfort in other areas of the upper body.** Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- **Shortness of breath.** May occur with or without chest discomfort.
- **Other signs:** These may include breaking out in a cold sweat, nausea or lightheadedness

As with men, women's most common heart attack symptom is chest pain or discomfort. But women are somewhat more likely than men to experience some of the other common symptoms, particularly shortness of breath, nausea/vomiting, and back or jaw pain.

If you or someone you're with has chest discomfort, especially with one or more of the other signs, don't wait longer than a few minutes (no more than 5) before calling for help. Call 9-1-1 [or your emergency response number](#)... Get to a hospital right away.

Calling 9-1-1 or your emergency response number is almost always the fastest way to get lifesaving treatment. Emergency medical services staff can begin treatment when they arrive — up to an hour sooner than if someone gets to the hospital by car. The staff are also trained to revive someone whose heart has stopped. You'll also get treated faster in the hospital if you come by ambulance.

How do I know if a heart attack has occurred?

A doctor who's studied the results of several tests must diagnose a heart attack. The doctor will

- review the patient's complete medical history.
- give a physical examination.
- use an electrocardiogram (ECG or EKG) to discover any abnormalities caused by damage to the heart. An ECG is a medical device that makes a graphical record of the heart's electrical activity.
- sometimes use a blood test to detect abnormal levels of certain enzymes in the bloodstream.

Blood tests confirm (or refute) suspicions raised in the early stages of evaluation that may occur in an emergency room, intensive care unit or urgent care setting. These tests are sometimes called heart damage markers or cardiac enzymes.



Barb & Jim Westcott receiving training certificates.

Photos by Frank Reiss



Swearing in of the Flotilla Officers

Photo by Frank Reiss



Jean Gobel receiving her
SUPERIOR PERFORMANCE OF DUTY
Certificate

Photo by Jim Westcott

What it means to be a Guardian

The definition of "guardian" is one who guards, watches over, or protects. For the guardians of the U.S. Coast Guard, being a guardian takes several forms. A guardian could be an Coast Guard Auxiliary member confined to a wheel chair but able to maintain radio guard for a 41 foot Coast Guard boat watchfully guarding our nation's waterways. It could be a Coast Guard Marine Inspector crawling into the bowels of a foreign container ship's engine room because the inspector saw a suspicious pool of oil indicating a potential engine failure.

Like guardian angels, the Coast Guard is often unnoticed. Each and every member of the Coast Guard family - the storekeeper providing logistical support, *an Auxiliarist on a routine patrol*, a Coast Guard Reservist deployed to Bahrain, a Coast Guard civilian employee repairing a buoy or a Coast Guard retiree recruiting young people to the Coast Guard Academy - they are all, in fact, guardians.

Risk is inherent in being a guardian. Earlier this week in Honolulu the Coast Guard family lost three Guardians and have suspended searching for a fourth. Something happened as the aircrew of a Coast Guard rescue helicopter was performing hoist operations with a Coast Guard 47-foot motor life boat. This tragic loss has gone largely unnoticed, perhaps because the country was focused on other Coast Guard guardians mobilizing to respond to hurricane threats in the Gulf of Mexico.

Coast Guard Commandant Thad Allen told the entire Coast Guard family, "As Guardians, we constantly train and hone our skills in order to operate in hazardous conditions. This terrible accident is a reminder that we operate in an extremely hazardous environment. Coast Guard men and women go into harm's way to train and conduct operations each day."

The Guardian Ethos is deeply engrained in the roots of the Coast Guard. In fact the Coast Guard was formed from the U.S. Life-Saving Service, a government agency formed in an effort to save the lives of shipwrecked mariners and passengers. Joseph Lincoln's poem about the U.S. Life-Saving Service is equally applicable to today's Guardians:

He is rigger, rower, swimmer, sailor, doctor, undertaker,
And he's good at every one of 'em the same:
And he risks his life fer others in the quicksand and the breaker,
And a thousand wives and mothers bless his name.
He's an angel dressed in oilskins, he's a saint in a "sou'wester",
He's as plucky as they make, or ever can;
He's a hero born and bred, but it hasn't swelled his head,
And he's jest the U.S. Gov'ment's hired man.

Surely, each of these Guardians will have his own guardian angel hovering over him on his final flight.

Dedicated to the crew of U.S. Coast Guard Rescue Helicopter CG-6505

Please find this at: <http://users.mo-net.com/district8wr/members/guardian.htm>



MARCH 2011



SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12 9:00 am Boating Safety Class at Cassling
13	14	15	16	17	18 Division Awards & Training Weekend	19 At Mahoney State Park
20	21 7:30 pm Flotilla 33-1 Meeting	22	23	24	25	26
27	28	29	30	31		

APRIL 2011



SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9 9:00 am Boating Safety Class at Cassling
10	11	12	13	14	15	16 8:00 am Boating Safety Class at Offutt AFB Capehart Theater
17	18 7:30 pm Flotilla 33-1 Meeting	19	20 6:30 pm Boating Safety Class at Orgam Room, Midlands Hospital	21 6:30 pm Boating Safety Class at Orgam Room, Midlands Hospital	22	23
24	25	26	27	28	29	30