2

"The Fun One"

VOLUME 3, NUMBER 3 MARCH 2012



Flotilla 33-1

40 & 8 Club 3113 S. 70 St. Omaha, Nebraska

FLOTILLA 33-1 OFFICERS

Flotilla Commander (FC) - Barclay Stebbins Vice Flotilla Commander (VFC) -Jim Westcott Immediate Past Flotilla Commander (IPFC) -Richard Goble Secretary (FSO-SR) - Jean Goble Treasurer (FSO-FN) - George McNary Communications (FSO-CM) - Jim Westcott Communication Services (FSO-CS) -**Barb Westcott** Information Services (FSO-IS) -**Barclay Stebbins** Materials (FSO-MA) - Sharon Vanmoorleghem Marine Safety (FSO-MS) - Tom Spieker Aids to Navigation (FSO-NS) - Tom Spieker Member Training (FSO-MT) - Ralph Tomlinson Operations (FSO-OP) - Warren Koehler Public Affairs (FSO-PA) - Pete Peterson Publications (FSO-PB) - Barb Westcott Public Education (FSO-PE) - Richard Goble Personnel Services (FSO-HR) - George McNary Program Visitor (FSO-PV) - Richard Goble Vessel Examiner (FSO-VE) - Richard Goble

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On Facebook we are found at: USCGAUX Flotilla 85-33-01

SCHEDULE OF EVENTS

9 - 11 Mar	Spring Business Meeting in		
	KC at the Airport Marriott		
19 Mar	Flotilla 1 Meeting		
16 Apr	Flotilla 1 Meeting		
28 Apr	Training & Awards Dinner		
	(Country Inn & Suites, Lincoln)		

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FLOTILLA COMMANDER'S MESSAGE



We are doing very well as the crew is focused on the course ahead. Members discussed and agreed on the goals for 2011. The first boating safety class was held on 18 February and was well attended and the instructors and students did a great job. Thank you Richard for your hard work in getting our PE attendance up.

Most of the staff was sworn in at the February meeting by our Division Commander, Frank Reiss. He also was in attendance at the meeting and provided some insight into our future operational needs and what may be our water situation on the Missouri River this summer. The thing we must all remember is, when things appear to be down, we must turn these into opportunities. I will be working with the folks here in Bellevue to see what we can do to help facilitate safe boating on the river this summer. Things such as vessel exam days etc. should be on the deck plate and planned.

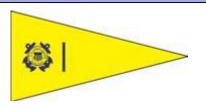
We have a lot things going on, and I am proud to have so many of you working on the different committees with others outside our flotilla. These activities should help to strengthen these relationships and serve the organization very well.

Again, it is hard to express how much I truly appreciate each and every one of you and the value you bring to this organization.

Keep a steady lookout, stay sharp, and we will never get off course.

Barclay Stebbins, FC

Please remember to check out the website that is under construction at: http://wow.uscgaux.info/WOW_signin.php?unit=



My job as: RBS/PV

What in the world is a RBS/PV? Well here is the answer as best as I can explain it. This alphabet soup stands for Recreational Boating Safety Program Visitor which in general and ease of used is just called PV. This mission area use to be called Marine Dealer Visitor, MD for short.

So here is a little history. The members who were MDVs limited their contacts to actual marine dealers and marine manufactures that is to say to boat dealers and boat builders. This was not, and frankly is still not, a very demanding Auxiliary mission to keep up with and perform. Its main component is being able to communicate with business people and be very knowledgeable about boats and boating laws and regulations; as well as marine equipment and equipment requirements on a boat. That is why this AOR is so closely associated with what VEs need to know and do. The PV is what I would call a combination of Vessel and Public Affairs person.

In 2003 MD went out the door and RBS/PV came waltzing in. The PV still visits boat dealers and manufactures. So you ask, what is the difference between MDV and PV? The answer is not much on one hand, and a big change on the other hand.

With the change to RBS/PV we are now incorporating all kinds of business and some non businesses into being what we call Recreational Boating Safety Partners, or Partners for short. It is by virtue of this new way of operating that we are making visits to just about anywhere that indicates they have an interest in supporting boating safety. This can range from gas stations to big box stores, to insurance agents to even a medical or dental office. The sky is the limit.

Richard S. Goble, SO-PV



<u>Updates</u>



2012 Spring Business Meeting - District 8WR March 9 & 10

Please call for reservations:

Kansas City Airport Marriott 775 Brasilia Ave. **Kansas City, MO**

800 228 9290

\$80 per night - indicate with CG Aux

After registering call hotel at 816 464 2200 for any special requirements

Webinar sessions via WebEx - open to all members as follows:

Business meeting on Friday - the complete business meeting will be available again via WebEx. An invitation containing the website address and password for joining the session will be published later.

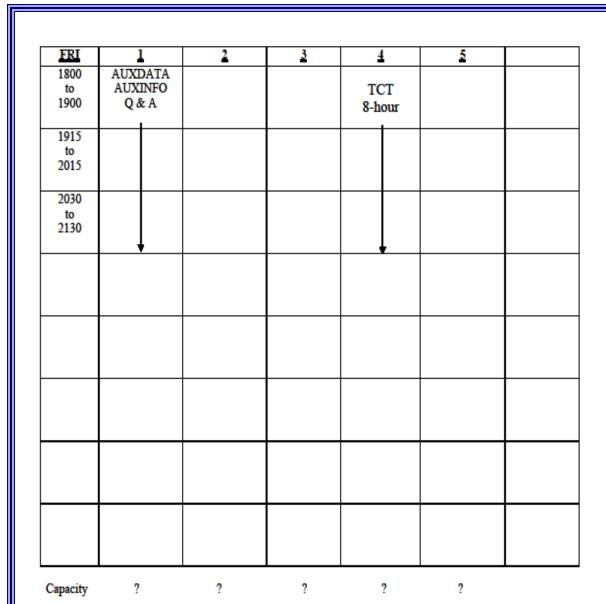
Training workshops on Saturday - the following workshops will be presented on WebEx. Invitations containing the website address and password needed to join the sessions will be published later.

- VE & OPFAC Best Practices at 0800 and again at 0915.
- OTO Workshop at 1445

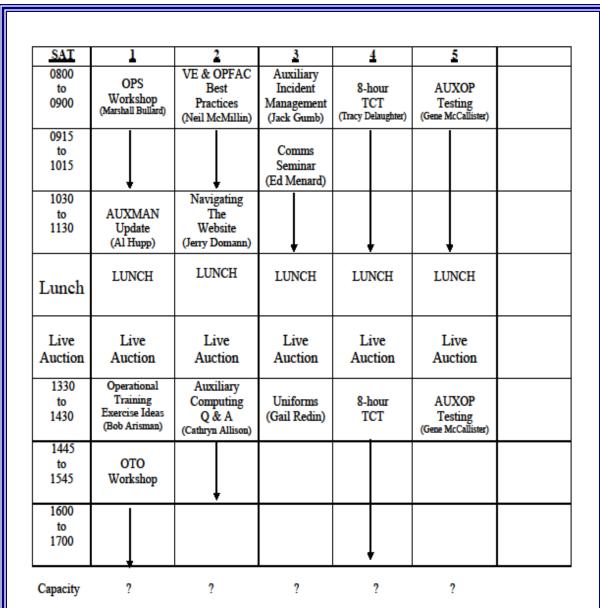
Hotel note: For registrants bringing dogs, arrangements for accommodations have been made at the Chase Suites Hotel a short distance from the Marriott Airport Hotel. The phone number for the Chase Suites Hotel is 1-888-433-6171 or 1-816-891-9009. The room rate at the Chase is the same as the rate at the Marriott.

Friday Fun Night discontinued - Following the 2011 Fall Business Symposium COMO Smekta and staff surveyed District 8WR members to see if they would like to continue the Friday Fun Night or substitute some other activity in its place. The majority of responders indicated that they would like to discontinue the Friday Fun Night and replace it with training. Accordingly, there will not be a Friday Fun Night at this Business Meeting and training is being scheduled. With this change, members are reminded that they will be on their own for dinner on Friday night.

Continue to the TRAINING SCHEDULE



Friday
2012 Spring Business Symposium
Training Sessions



Saturday 2012 Spring Business Meeting Training Sessions



March Notes

As this section is not just for boating, here is some information from an internet article:

Information for this fact sheet was provided by

GreatFamilyCamping.com

Heat Exhaustion and Sunstroke

Heat Exhaustion and Sunstroke can strike fast. One summer we went camping with a number of our friends so we could all go water skiing together. We were all having fun in the water and we never noticed that one of the boys was as red as a lobster.

Yes, it was hot out but we were all in the water so it didn't really matter, right? Wrong.

At the end of the day we discovered that he had sunstroke. I can't tell you how surprised I was because we were in and out of the lake which was cold water, so how could this happen?

What Is Heat Exhaustion

Heat exhaustion is the excess loss of salt and fluids due to perspiration. It results in marked weakness and usually precedes sunstroke. Heat exhaustion may be accompanied with sudden muscle spasms in the arms and legs and sometimes the abdomen.

This is the first sign that you should stop what you are doing, get out of the sun and get a cold drink.

What is Sunstroke

Sunstroke, also known as Heatstroke, is a life-threatening condition. It is caused when your body can't regulate the heat of your body due to prolonged exposure to high temperatures, excessive production of heat or a combination of the two.

It is so threatening because a prolonged rise in your body's temperature can cause damage to your major organs.

Your Body

When you get overheated the hypothalamus sends the signal to the circulatory system to enlarge the blood vessels and to increase the blood flow especially in the skin.

The blood flows through the enlarged vessels and excess heat passes throught your skin into the cooler air.

If this doesn't lower the heat in your blood you then start to perspire.

If the air temperature is very high and the body doesn't cool off your blood volume will decrease, your body temperature will rise and heat exhaustion begins. Prolonged exposure can turn to sunstroke.

Sunstroke can occur when you are working in high temperatures. It can be brought on by hard exercise in the summer, humid weather or high fever from illness.

Overeating, wearing too many clothes and too much alcohol can also contribute to sunstroke.

Continued on next Page

Prevention

Sunstroke can be prevented by drinking plenty of water and by avoiding strenuous exercise in high temperatures.

Who is at Risk

Everyone is at risk for sunstroke but the following people are at higher risk:

- Young children
- Elderly people
- People with chronic illness
- Alcoholics
 People with skin disorders
- People taking medications that may interfere with temperature regulation
- People involved in strenuous sporting activities
- People who have a problem with extreme heat

Symptoms of sunstroke

- Hot, dry skin
- No perspiration
- Skin is first flushed, then pale or purple
- Hyperventilation
- Rapid pulse alternates between rapid and normal
- Extremely high body temperature (106 or higher)
- Headache
- Dilated pupils
- Muscle cramps
- Disorientation, confusion, incoherent speech
- Sluggish and extremely slow reactions
- Convulsions
- Loss of consciousness

This is an emergency and the person should be seen by a doctor for treatment.

First Aid

The first aid for sunstroke is to lower the elevated body temperature; this can be done by placing the person in cool water or rub the limbs with ice cubes.

If this is not possible cover the person with a wet sheet or towel and sponge the body down with cool water.

If water is limited wet anything that will hold water and place it at the back of the neck, under the arms and the groin and elevate the feet so that blood will flow to the head.

Do this while you are waiting for medical help or are in transport to medical help.



MARCH 2012



SUN	Mon	Tue	WED	Тни	FRI	SAT
				1	2	3
4	5	6	7	8	9 Spring Business Meeting Kansas City Airport	Spring Business Meeting Kansas City Airport
11	12	13	14	15	16	Boating Safety Class at Cassling
18	19 1930 hrs Flotilla 33-1 Meeting	20	21	22	23	24
25	26	27	28	29	30	31

APRIL 2012



Sun	Mon	Tue	WED	Тни	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	Boating Safety Class at Cassling
15	16 1930 hrs Flotilla 33-1 Meeting	17	18	19	20	Boating Safety Class at Midlands Hospital
22	23	24	25	26	27	28 Division 33 Training and Awards Dinner
29	30					