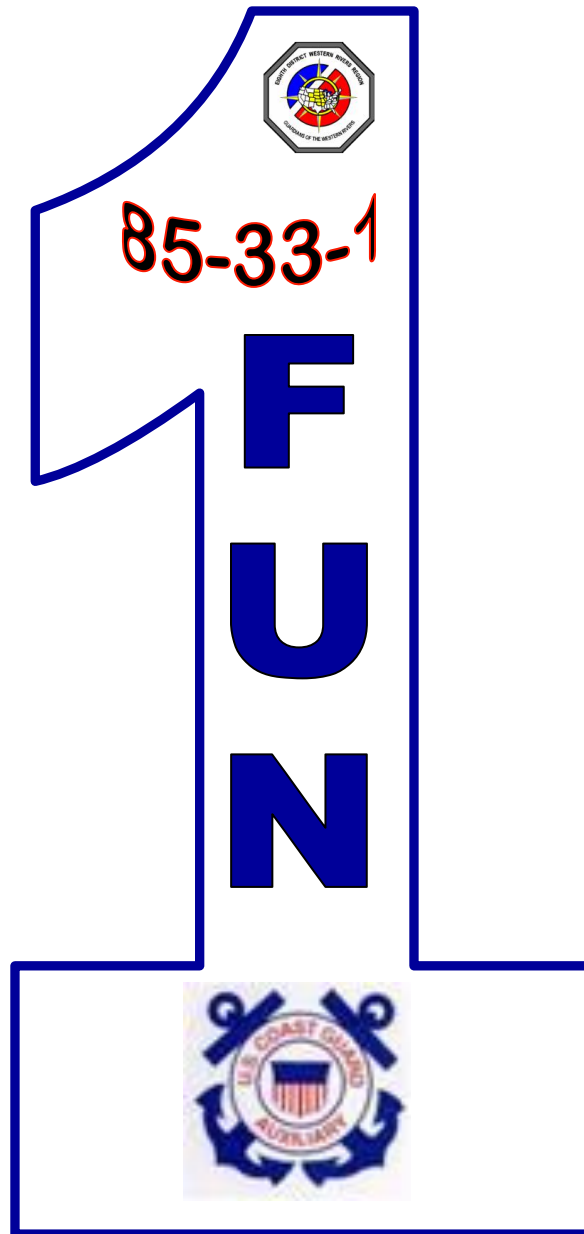


“The Fun One”

VOLUME 6, NUMBER 07 AUGUST 2015



**Flotilla 33-1
40 & 8 Club
3113 S. 70 St.
Omaha, Nebraska**

FLOTILLA 33-1 OFFICERS

Flotilla Commander (FC) - Barb Westcott
Vice Flotilla Commander (VFC) -
James Miller
Immediate Past Flotilla Commander (IPFC) -
Jim Westcott
Secretary (FSO-SR) - Jean Goble
Treasurer (FSO-FN) - George McNary
Communications (FSO-CM) - James Miller
Communication Services (FSO-CS) -
Barb Westcott
Information Services (FSO-IS) -
Barclay Stebbins
Materials (FSO-MA) - Bernie McNary
Marine Safety (FSO-MS) - Shane Wilson
Aids to Navigation (FSO-NS) - Shane Wilson
Member Training (FSO-MT) - George McNary
Operations (FSO-OP) - Warren Koehler
Public Affairs (FSO-PA) - Jim Westcott
Publications (FSO-PB) - Barb Westcott
Public Education (FSO-PE) - Richard Goble
Human Resources (FSO-HR) - Richard Goble
Program Visitor (FSO-PV) - Dan Groenendyk
Vessel Examiner (FSO-VE) - Dan Groenendyk

Send articles for "The Fun One" to:
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1808 Franklin St.
Bellevue, NE 68005-3456
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E-mail: kc0h1b@cox.net

Published by and for members
of Flotilla 33-1 U.S. Coast
Guard Auxiliary 8th Western
Rivers Region. Opinions
expressed herein are not
necessarily those of the
U.S. Coast Guard or U.S. Coast
Guard Auxiliary.

**On Facebook we are found at:
USCGAUX Flotilla 85-33-01**

SCHEDULE OF EVENTS

04 August	USCG 225th Anniversary
04 August	National Night Out
08 August	Division Picnic with the crew of the USCGC Gasconade
17 August	Flotilla Meeting
07 September	Labor Day
12 September	World O' Water
21 September	Flotilla Meeting

**See the calendars and check our website
for possible date changes**

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**Want to see more pictures?
Please remember to check out the website at:
[http://wow.uscgaux.info/WO_W_signin.php?](http://wow.uscgaux.info/WO_W_signin.php?unit=)
unit=**



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FLOTILLA COMMANDER'S MESSAGE



AUGUST 2015

The heat of summer has hit our area, and the boaters are out enjoying the sun and water. We have had a good response to the boating safety classes that have been offered.

Dan Groenendyk, FSO-VE, has been mentoring our 2 new members, who have shown an interest in learning about Vessel Exams.

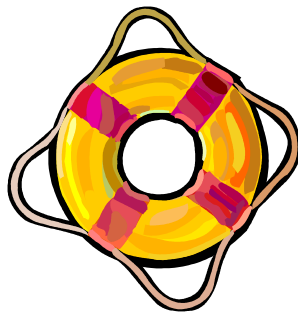
Our division has been asked to enjoy a day of fun with the crew of the USCGC Gasconade and their families. (Please see the invitation in this newsletter.) I hope to see our membership and families show a great presence at this event.

Please remember that elections will be held in October and if you wish to be considered for FC or VFC, your letter of intent needs to be emailed to Bernie McNary, Jim Westcott, & Richard Goble by August 20, 2015.

Have fun this summer!

Stay safe!

**Barb Westcott FC
8WR 33-1**



Reminder Message from the Division FSO-FN

III. 2. The annual dues, including Flotilla, Division, District and National shall be levied on each member on a calendar year basis and shall be payable during the month of July for the following calendar year. A notice shall be sent to each member on July first and a second notice on August first to members who have not paid their dues. If a member has failed to pay their dues by September first, either the Flotilla Personnel Officer or the Flotilla Commander shall contact them. If dues are not paid by September fifteenth, a Change of Membership Status Form will be sent to the member(s) by the Flotilla Commander. The names of members who have not paid their dues shall be submitted to DIRAUX on October 15th with a recommendation that they be disenrolled from the Auxiliary for non-payment of dues.

Annual Dues

National	\$24
District (8WR)	\$15
Division	\$10
Flotilla	\$ 8.50

Total **\$57.50**

Dues Checks in the amount of \$57.50 for 2016 can be mailed to my Address, or to me at the July Flotilla meeting.

George W. McNary
FSO-FN 33-1
2118 So. 87th Ave
Omaha, NE 68124-2104



Master Chief Willey

Barb Westcott, FC; Jean
Goble, FSO-SR; Master
Chief Willey (L to R)



We were privileged to have Master Chief Willey at our July Flotilla Meeting. We received an invitation to have the Division Picnic at the Omaha Moorings and enjoy a day of "Fun, Food, and Fellowship" with our families and the crew of the USCGC Gasconade and their families,

Photos by Richard Goble.

2015 Division 33 Picnic Coast Guard Day Celebration

Saturday, August 8, 2015

Brief Division Meeting at 1100—no reports

Picnic NOON-????

Coast Guard Station Omaha

9800 JOHN J. PERSHING DRIVE

OMAHA, NE 68112-1503

Join in the food, fun, and fellowship. We will
have a bounce house, and other fun activities.

Family and Friends Welcome!

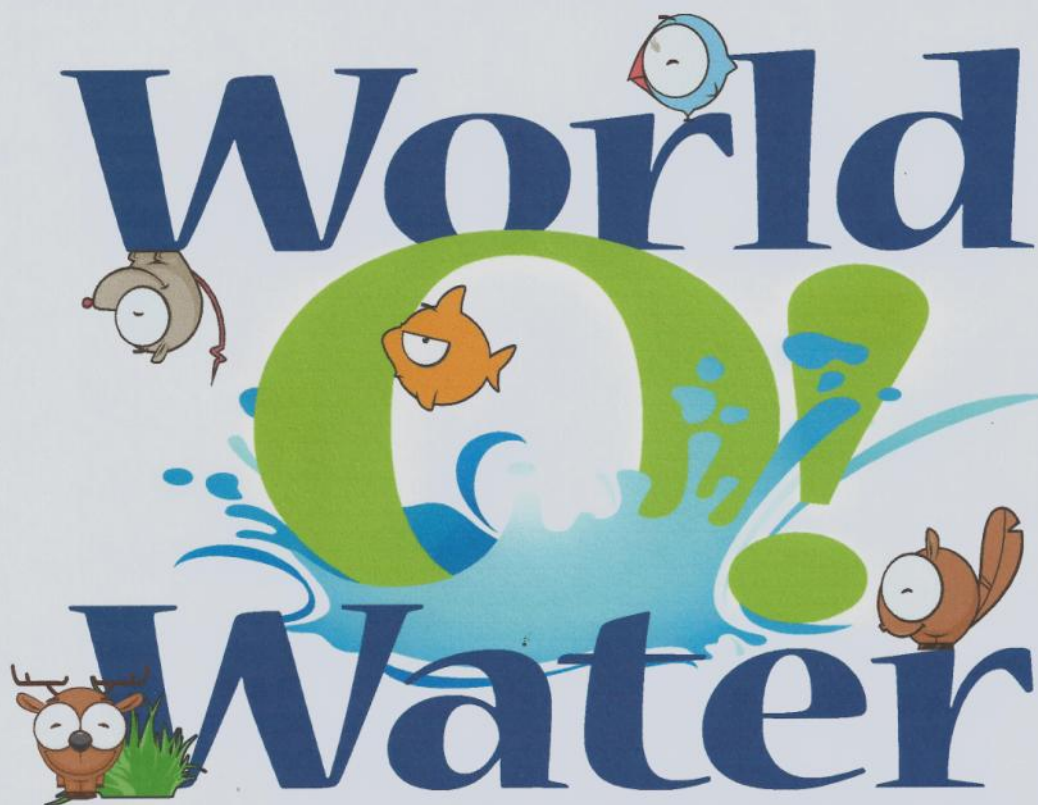
Hamburgers, Hot Dogs, Brats,
Chips and dip, Side Salad, Mixed Fruit, Soda/Water
provided No Cost

RSVP not later than August 5, 2015 to Jean Goble, IPDCDR
(402) 397-2916 or e-mail njgoble@cox.net



Alcoholic beverages are not to be brought since this is an active duty installation. Waiver request is still pending approval, however as of this time no yet approved.

World O! Water

The title 'World O! Water' is rendered in a large, blue, serif font. The letter 'O' is replaced by a large, green, stylized letter 'O' that is splashing with blue water. Several cartoon animals are integrated into the design: a blue fish-like creature with a sad face is positioned above the 'O'; a brown mouse-like creature is to the left of the 'O'; an orange fish is inside the green 'O'; a brown squirrel is to the right of the 'O'; and a brown deer is at the bottom left, partially obscured by green grass.

World O! Water is a **FREE** annual event, aimed at educating the public about water conservation, quality and recreation. Come learn what you can do to ensure this invaluable resource is here for us to enjoy now and for future generations. Join us for:

Demonstrations ■ Science Experiments ■ Lunch ■ Games ■ Canoeing ■ Face Painting

SATURDAY, SEPTEMBER 12th NOON to 4 PM
Rain Or Shine

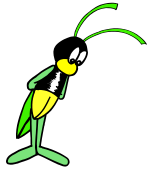
Location: Papio-Missouri NRD at Wehrspann Lake, 8901 S. 154th Street, Omaha



Remember To
Bring A Reusable
Water Bottle



www.worldowater.com



BY THE INFORMATION BUG

August Notes

From: <http://www.ready.gov/heat>

EXTREME HEAT



Heat kills by pushing the human body beyond its limits. In extreme heat and high humidity, evaporation is slowed and the body must work extra hard to maintain a normal temperature.

Most heat disorders occur because the victim has been overexposed to heat or has over-exercised for his or her age and physical condition. Older adults, young children and those who are sick or overweight are more likely to succumb to extreme heat.

Conditions that can induce heat-related illnesses include stagnant atmospheric conditions and poor air quality. Consequently, people living in urban areas may be at greater risk from the effects of a prolonged heat wave than those living in rural areas. Also, asphalt and concrete store heat longer and gradually release heat at night, which can produce higher nighttime temperatures known as the "urban heat island effect."

A heat wave is an extended period of extreme heat, and is often accompanied by high humidity. These conditions can be dangerous and even life-threatening for humans who don't take the proper precautions.

Continued on the next page

Before Extreme Heat

To prepare for extreme heat, you should:

- To begin preparing, you should build an emergency kit and make a family communications plan.
- Install window air conditioners snugly; insulate if necessary.
- Check air-conditioning ducts for proper insulation.
- Install temporary window reflectors (for use between windows and drapes), such as aluminum foil-covered cardboard, to reflect heat back outside.
- Weather-strip doors and sills to keep cool air in.
- Cover windows that receive morning or afternoon sun with drapes, shades, awnings, or louvers. (Outdoor awnings or louvers can reduce the heat that enters a home by up to 80 percent.)
- Keep storm windows up all year.
- Listen to local weather forecasts and stay aware of upcoming temperature changes.
- Know those in your neighborhood who are elderly, young, sick or overweight. They are more likely to become victims of excessive heat and may need help.
- Be aware that people living in urban areas may be at greater risk from the effects of a prolonged heat wave than are people living in rural areas.
- Get trained in first aid to learn how to treat heat-related emergencies.

Continued on the next page

Know the Terms

Familiarize yourself with these terms to help identify an extreme heat hazard:

Heat Wave - Prolonged period of excessive heat, often combined with excessive humidity.

Heat Index - A number in degrees Fahrenheit (F) that tells how hot it feels when relative humidity is added to the air temperature. Exposure to full sunshine can increase the heat index by 15 degrees.

Heat Cramps - Muscular pains and spasms due to heavy exertion. Although heat cramps are the least severe, they are often the first signal that the body is having trouble with the heat.

Heat Exhaustion - Typically occurs when people exercise heavily or work in a hot, humid place where body fluids are lost through heavy sweating. Blood flow to the skin increases, causing blood flow to decrease to the vital organs. This results in a form of mild shock. If not treated, the victim's condition will worsen. Body temperature will keep rising and the victim may suffer heat stroke.

Heat Stroke - A life-threatening condition. The victim's temperature control system, which produces sweating to cool the body, stops working. The body temperature can rise so high that brain damage and death may result if the body is not cooled quickly.

Sun Stroke - Another term for heat stroke.

Excessive Heat Watch - Conditions are favorable for an excessive heat event to meet or exceed local Excessive Heat Warning criteria in the next 24 to 72 hours.

Excessive Heat Warning - Heat Index values are forecast to meet or exceed locally defined warning criteria for at least 2 days (daytime highs=105-110° Fahrenheit).

Heat Advisory - Heat Index values are forecast to meet locally defined advisory criteria for 1 to 2 days (daytime highs=100-105° Fahrenheit).

August 2015



Sun	Mon 4	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 USCG Anniversary & National Night Out	5	6	7	8 Division Picnic @ the Gasconade
9	10	11	12	13	14	15
16	17 Flotilla 33-1 Meeting Forty & Eight Club	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September 2015



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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		1	2	3	4	5
6	7 Labor Day	8	9	10	11	12 World O' Water
13	14	15	16	17	18	19
20	21 Flotilla 33-1 Meeting Forty & Eight Club	22	23	24	25	26
27	28	29	30			