

“The Fun One”

VOLUME 10, NUMBER 1, January 2019



**The Winner of
The 8th Western Rivers Region
2017
Best Flotilla Newsletter Award**

**WE ARE
THE
1
85 - 33 - 01
FUN**



**Flotilla 33-1
40 & 8 Club
Omaha, Nebraska**



FLOTILLA 33-1 OFFICERS

Flotilla Commander (FC) - Jim Westcott
Vice Flotilla Commander (VFC) - Jim Wolfe
Immediate Past Flotilla Commander (IPFC) -
James Miller
Secretary (FSO-SR) - Bernie McNary
Treasurer (FSO-FN) - George McNary
Communications (FSO-CM) - James Wolfe
Communication Services (FSO-CS) -
Barb Westcott
Information Services (FSO-IS) -
Barclay Stebbins
Diversity (FSO-DV) - Shane Wilson
Materials (FSO-MA) - Bernie McNary
Marine Safety (FSO-MS) - Warren Koehler
Aids to Navigation (FSO-NS) - Warren Koehler
Member Training (FSO-MT) - James Miller
Operations (FSO-OP) - Barclay Stebbins
Public Affairs (FSO-PA) - Jim Westcott
Publications (FSO-PB) - Barb Westcott
Public Education (FSO-PE) - Jim Wolfe
Human Resources (FSO-HR) - Shane Wilson
Program Visitor (FSO-PV) - James Wolfe
Vessel Examiner (FSO-VE) - James Wolfe

Send articles for "The Fun One" to:
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Coast Guard Auxiliary 8th
Western Rivers Region.
Opinions
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**On Facebook we are found at:
USCGAUX Flotilla 85-33-01**

SCHEDULE OF EVENTS

| | |
|---------------|---|
| 01 January | Happy New Year |
| 17 January | Set-up for the River City Hunting and Fishing Expo |
| 18-20 January | River City Fishing And Hunting Expo |
| 21 January | Flotilla Meeting |
| 16 February | Division Change of Watch |
| 18 February | Flotilla Meeting |

**See the calendars and check our website
for possible date changes**

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**Want to see more pictures?
Please remember to check out the web-
site at:
<http://wow.uscgaux.info/>**



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FLOTILLA COMMANDER'S MESSAGE



Commander's Note January 2019

As the new year rolls around I would like to congratulate all the new staff of the various flotillas etc. within the Auxiliary and wish them success in the new year. Mother Nature was not kind to us in 2018 and the current difficulties in Washington DC will not make our job any easier but we will prevail with help from above and the assistance from our members.

Speaking of our members, I would like to challenge each and everyone of us to:

Bring another member into the Auxiliary. More members bring us the diversity and strength that our organization needs.

And

Help our shipmates out with the completion of the required Core Training so that their presence will be a positive factor in our ability to successfully proceed with any and all assigned missions given to us.

And finally,

Remember that the Coast Guard motto and the official motto of the Boy Scouts of America are as similar as two peas in a pod. The MOU with the BSA opens the door to a wide variety of new, young and eager Scouts that have the possibility of becoming our fellow Auxiliarists as long as we take the time to welcome them properly and mentor them as needed.

Semper Paratus

Jim

Jim Westcott, FC
2019



Jim Wolfe, VFC
2019



Your 2019 Flotilia and Division Bridge

Photos by Jim & Barb Westcott



Brandon Butters, DCDR
2019



Barb Westcott, VCDR
2019

THE DIVERSITY MINUTE

By Barb Westcott, VCDR, SO5-PB, FSO-CS/PB

The following can be found at:

<http://wow.uscgaux.info/content.php?unit=081-01-04&category=1329014276>

United States Coast Guard Auxiliary Diversity Policy Statement

It is the policy of the United States Coast Guard Auxiliary to ensure that all citizens, regardless of race, gender, color, national origin, sexual orientation, gender identity and expression, age, religion, or physical or mental disability have an equal opportunity to become a volunteer of this organization. It is after all, part of our mission to become the volunteer organization of choice.

As the National Commodore, I will personally lead the diversity initiatives and challenge all who serve to do the same through leadership, mentorship, service, and example. As someone committed to diversity, I understand that providing training is one of the strategies that helps build an inclusive environment, which is crucial to attracting and retaining top talent, building member engagement, and fostering creativity and innovation. Our Strategic Plan for Managing Diversity will guide us in our efforts towards accomplishing this goal.

Diversity of thoughts, ideas, and competencies of our people, keeps the Auxiliary strong and empowers us to mission readiness and excellence.

Diversity is an imperative to the Auxiliary; it can increase morale and impact our success. In essence every member is responsible for fostering an inclusive team atmosphere and being a contributing part of Team Coast Guard.

The Auxiliary is committed to creating a diverse and inclusive environment, a journey guided by the deeply held values of *Honor, Respect, and Devotion to Duty*, as America's Guardians, we understand that diversity is not a problem to be solved, but is an asset to be developed.

James E. Vass National Commodore, U.S.C.G. Auxiliary

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The Diversity Vision

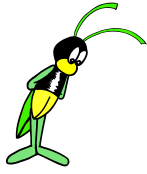
The US Coast Guard Auxiliary's vision is to make diversity an organizational imperative and bring us a treasure trove of different perspectives. Our vision is more than an alignment of organizational goals but an indispensable dynamic process to increase performance and productivity as we strive to become the “**Volunteer Organization of Choice**”.

Through this shared vision, we'll recognize diversity and remove all barriers, real or perceived, so current and potential members will feel an increased pride and honor in their membership.

Our members are **honored** to offer themselves as volunteers to assist the USCG, with the desire for training and meaningful involvement, so that we can enhance safety in the boating community. the volunteer nature of our organization and:

1. We will **respect** provide current and prospective members with a positive environment to reach their full potential.
2. We'll encourage the **devotion to duty**, while understanding the unique abilities of each member, each giving according to their own abilities.





BY THE INFORMATION BUG

By Barb Westcott

JANUARY NOTES

Information for this article may be found at:
<https://www.tc.gc.ca/eng/marinesafety/tp-tp14659-hypothermia-3017.htm>

Hypothermia and Survival in Cold Water

Fishing and hunting are activities that generally start early and end late in the boating season. Waters are usually cold during those periods, exposing you and other recreational boaters to hypothermia and cold shock.

Cold shock is probably responsible for more deaths than hypothermia. A sudden exposure to cold waters can instantly paralyze your muscles, leave you breathless, cause you to swallow water and suffocate you within moments of immersion. Should you survive the shock of the cold water, hypothermia is the next imminent danger.

Hypothermia is a drop of body temperature below normal (37°C) that results from a prolonged exposure to frigid waters. The signs and symptoms of the three different stages of hypothermia are:

- First stage: shivering, reduced circulation;
- Second stage: slow, weak pulse, slowed breathing, lack of co-ordination, irritability, confusion and sleepy behavior;
- Advanced stage: slow, weak or absent respiration and pulse. The person may lose consciousness.

•

Should you find yourself in the water it is essential to do everything possible to conserve your energy and body heat. To lengthen your survival time, the following is important:

- Wear your personal flotation device (PFD) or lifejacket. This will help you to stay afloat and keep your head out of the water without wasting your energy;
- Swim only if you can join others or reach a safe shelter. Do not swim to keep yourself warm, this will only increase your loss of body heat;
- If possible, climb on top of a floating object (such as your craft) to keep as much of your body as possible out of the water. Frigid water will lower your body temperature faster than air (25 times faster);

Continued on the next page



- Assume the fetal position, or if you are not alone, huddle together;



- Remove the wet clothing of anyone who has fallen into the water and warm him or her with dry clothes.

Popular Misconception

Contrary to popular belief, alcohol does not warm you up but, rather, has the opposite effect. It is preferable to drink a warm, sugared, non-alcoholic drink that is free of caffeine.

Tip

Wear layered clothing under a windbreaker rather than one thick layer. Wool, even when wet, retains more heat than synthetics (polyester).

January 2019



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|-----|--|--|--|
| | | 1  | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 Set-up for the River City Fishing & Hunting Expo | 18 River City Fishing & Hunting | 19 River City Fishing & Hunting |
| 20 River City Fishing & Hunting | 21 Omaha NE Flotilla Meeting 40 & 8 Club | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

February 2019

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|-----|-----|-----|-----|---|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 Great Plains Division Meeting, Training and COW |
| 17 | 18 Omaha NE Flotilla Meeting 40 & 8 Club | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | | |