

# “The Fun One”

VOLUME 10, NUMBER 12, DECEMBER 2019



**The Winner of  
The 8th Western Rivers Region  
2017  
Best Flotilla Newsletter Award**

**WE ARE  
THE  
1  
85 - 33 - 01  
FUN**



**Flotilla 33-1  
2500 Bellevue Medical Center Drive  
Bellevue, NE 68123  
Conference Room D**



## FLOTILLA 33-1 OFFICERS

Flotilla Commander (FC) - Jim Westcott  
Vice Flotilla Commander (VFC) - Jim Wolfe  
Secretary (FSO-SR) - Bernie McNary  
Treasurer (FSO-FN) - George McNary  
Communications (FSO-CM) - James Wolfe  
Communication Services (FSO-CS) -  
Barb Westcott  
Information Services (FSO-IS) -  
Barclay Stebbins  
Diversity (FSO-DV) - Shane Wilson  
Materials (FSO-MA) - Bernie McNary  
Marine Safety (FSO-MS) - Warren Koehler  
Aids to Navigation (FSO-NS) - Warren Koehler  
Member Training (FSO-MT) - Jim Westcott  
Operations (FSO-OP) - Barclay Stebbins  
Public Affairs (FSO-PA) - Jim Westcott  
Publications (FSO-PB) - Barb Westcott  
Public Education (FSO-PE) - Jim Wolfe  
Human Resources (FSO-HR) - Shane Wilson  
Program Visitor (FSO-PV) - James Wolfe  
Vessel Examiner (FSO-VE) - James Wolfe

Send articles for "The Fun One" to:  
Barb Westcott  
Fax: 402-397-2306  
E-mail: kc0h1b@cox.net

Published by and for members of  
Omaha NE Flotilla  
U.S. Coast Guard Auxiliary  
8th Western Rivers Region.  
Opinions  
expressed herein are not  
necessarily those of the  
U.S. Coast Guard or U.S. Coast  
Guard Auxiliary.

**On Facebook we are found at:  
USCGAUX Flotilla 85-33-01**

## SCHEDULE OF EVENTS

16 December **NO FLOTILLA MEETING**  
21 December Flotilla Social and Meeting  
16 January Set-Up the PA booth  
17-19 January River City Hunting, Fishing,  
Camping, and Boating Show  
20 January Flotilla Meeting  
15 February Division Change of Watch,  
Meeting, Training and Dinner

**See the calendars and check our website  
for possible date changes, RBS dates and  
other operations.**

## INSIDE THIS EDITION

|                                  |     |
|----------------------------------|-----|
| Flotilla Officers                | 2   |
| Schedule of Events               | 2   |
| Flotilla Commander's Notes       | 3   |
| The Diversity Minute             | 4   |
| Information Bug                  | 5-6 |
| December Calendar                | 7   |
| January Calendar                 | 8   |
| Sign-up for 12 Days of Christmas | 9   |

**Please remember to check out the  
website at:**

**[http://wow.uscgaux.info/  
WOW\\_signin.php?unit=](http://wow.uscgaux.info/WOW_signin.php?unit=)**



### CONFIDENTIALITY NOTICE-PRIVACY ACT OF 1974

The disclosure of the personal information contained in this publication is subject to the provisions contained in the Privacy Act of 1974. The subject Act, with certain exceptions, prohibits the disclosure, distribution, dissemination or copying of any material containing the home addresses, home telephone number, spouses names and social security numbers, except for official business. Violations may result in disciplinary action by the Coast Guard and/or civilian criminal sanctions.

## FLOTILLA COMMANDER'S MESSAGE



### Commander's Note December 2019

I would like to take this opportunity to wish each and every one of you a very happy holiday season. Barb and I had the opportunity on Thanksgiving Day, to take a complete holiday ham dinner to the members of the crew of the USCG Cutter Gasconade, moored at the Coast Guard Station, in the Omaha Moorings just north of the Mormon Bridge. The look of awe and gratitude of the young men working on this holiday was extremely gratifying.

Having said that, somewhere in this publication you will find a schedule for Division 33's annual 12 Days of Christmas, where, as you may know, meals, snacks, treats etc. are delivered to the members of the "Gold Side" who must remain on station while allowing the remainder of the crew to be with family and friends at their homes during this festive season.

Please take a few minutes of your time to examine the schedule and fill in your name for a trip or two to the Coast Guard Station and enjoy the look of gratitude on the faces of the young Coasties when your delivery is made. It will be an experience well worth the effort. If you have any questions, contact either me or Barb and we will assist in any way we can.

Semper Paratus  
Jim Westcott, FC



# THE DIVERSITY MINUTE

Barb Westcott, VCDR FSO-CS/PB

The following information regarding women in Maritime can be found on line (URL below) or in the printed copy of the "Special Women's Highlights Issue" of "The Coast Guard Journal of Safety & Security at Sea **PROCEEDINGS**" Special 2019

This information can be found on Page 10 of the magazine.

[www.dco.uscg.mil/proceedings](http://www.dco.uscg.mil/proceedings)

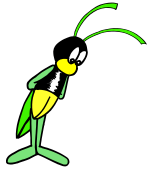
While they realized they might face sexist comments, and possibly sexual harassment, they knew this was the only way to move ahead in their careers as licensed U.S. Merchant Marine officers. "Acta Non Verba," actions, not words. That is the spirit they carried with them as they entered this new environment, which included the men onboard making clumsy attempts to be helpful and the women being chastised for accepting the help. It included veiled threats to their safety and some captains flatly refusing go to sea with a woman onboard. The latter caused more than one woman to nearly miss her departure.

All eight of women remaining from the initial 15 found success during Sea Year, serving on a variety of vessels, including some that were twice as old as the cadets and some far newer. While one cadet sailed with Military Sealift Command, most sailed on tankers or research vessels, all of which were steam vessels, though Ivy Barton, the Class of 1978's sole female engineering major, may have been the only one who cared.

Regardless of what ship they sailed on or how it was powered, their Sea Year experiences would become invaluable to those who came after them. USMMA established forums on campus to answer questions and offer advice to women about to depart, including those that male sailors rarely had to consider. Some of this advice included not wearing perfume or jewelry and always insisting that coworkers knock before entering their quarters.

From Plebe Year through graduation, the first women to graduate from USMMA navigated the rough seas of a traditionally male-dominated learning environment and career field. Because they succeeded, they ensured the opportunity to sail as a U.S. Merchant Marine officer would be a reality for the hundreds of women who followed their example. In the 45 years since the first 15 women reported to the U.S. Merchant Marine Academy for INDOC, things have changed a bit. USMMA understands that "equality" isn't synonymous with "identical," so women's uniforms are now designed for women, haircuts are not quite as traumatizing, and they don't get the same kind of looks Nancy Wagner did when she arrived on campus.

Though men still outnumber them at USMMA, women are mainstays on campus, ensuring the course charted in 1974 by the first 15 women continues to run true for those that will follow.



# ***BY THE INFORMATION BUG***

*By Barb Westcott, VCDR*

## ***DECEMBER NOTES***

Information for this article may be found at:  
<https://www.ready.gov/winter-weather>

### **Snowstorms & Extreme Cold**

Winter storms create a higher risk of car accidents, hypothermia, frostbite, carbon monoxide poisoning, and heart attacks from overexertion. Winter storms and blizzards can bring extreme cold, freezing rain, snow, ice, and high winds. A winter storm can:

- Last a few hours or several days;
- Knock out heat, power, and communication services; and
- Place older adults, young children, and sick individuals at greater risk.

#### **IF YOU ARE UNDER A WINTER STORM WARNING, FIND SHELTER RIGHT AWAY**

- Stay off roads.
- Stay indoors and dress warmly.
- Prepare for power outages.
- Use generators outside only and away from windows.
- Listen for emergency information and alerts.
- Look for signs of hypothermia and frostbite.
- Check on neighbors.

#### **HOW TO STAY SAFE WHEN A WINTER STORM THREATENS:**

### **Prepare NOW**

Know your area's risk for winter storms. Extreme winter weather can leave communities with out utilities or other services for long periods of time.

- Prepare your home to keep out the cold with insulation, caulking, and weather stripping. Learn how to keep pipes from freezing. Install and test smoke alarms and carbon monoxide detectors with battery backups.
- Pay attention to weather reports and warnings of freezing weather and winter storms. Sign up for your community's warning system. The Emergency Alert System (EAS) and National Oceanic and Atmospheric Administration (NOAA) Weather Radio also provide emergency alerts.
- Gather supplies in case you need to stay home for several days without power. Keep in mind each person's specific needs, including medication. Do not forget the needs of pets. Have extra batteries for radios and flashlights.
- Create an **emergency supply kit for your car**. Include jumper cables, sand, a flashlight, warm clothes, blankets, bottled water, and non-perishable snacks. Keep the gas tank full.
- Learn the signs of, and basic treatments for, frostbite and hypothermia.

*Continued on the next page*

## Survive DURING

- Stay off roads if at all possible. If trapped in your car, then stay inside.
- Limit your time outside. If you need to go outside, then wear layers of warm clothing. Watch for signs of frostbite and hypothermia.
- Avoid carbon monoxide poisoning. Only use generators and grills outdoors and away from windows. Never heat your home with a gas stovetop or oven.
- Reduce the risk of a heart attack. Avoid overexertion when shoveling snow.
- Watch for signs of frostbite and hypothermia and begin treatment right away.
- Check on neighbors. Older adults and young children are more at risk in extreme cold.



## RECOGNIZE AND RESPOND

**Frostbite causes loss of feeling and color around the face, fingers, and toes.**

- Signs: Numbness, white or grayish-yellow skin, firm or waxy skin
- Actions: Go to a warm room. Soak in warm water. Use body heat to warm. Do not massage or use a heating pad.

**Hypothermia is an unusually low body temperature. A temperature below 95 degrees is an emergency.**

- Signs: Shivering, exhaustion, confusion, fumbling hands, memory loss, slurred speech, or drowsiness
- Actions: Go to a warm room. Warm the center of the body first—chest, neck, head, and groin. Keep dry and wrapped up in warm blankets, including the head and neck.



# December 2019



| Sun | Mon  | Tue   | Wed   | Thu | Fri | Sat  |
|-----|--|---|---|-----|-----|--|
| 1   | 2  | 3   | 4   | 5   | 6   | 7  |
| 8   | 9  | 10  | 11  | 12  | 13  | 14   |
| 15  | 16<br><br>Omaha NE<br>Flotilla<br>Meeting | 17  | 18  | 19  | 20  | 21<br>Omaha NE<br>Flotilla<br>Holiday<br>Social and<br>Meeting |
| 22  | 23   | 24<br> | 25<br>Merry<br>Christmas<br> | 26  | 27  | 28   |
| 29  | 30   | 31<br> |   |     |     |  |

# January 2020



| Sun          | Mon                                   | Tue | Wed                                       | Thu             | Fri             | Sat |
|--------------|---------------------------------------|-----|---|-----------------|-----------------|-----|
|              |                                       |     | 1<br>Happy<br>New Year!                   | 2               | 3               | 4   |
| 5            | 6                                     | 7   | 8   | 9               | 10              | 11  |
| 12           | 13                                    | 14  | 15  | 16<br>SET<br>UP | 17<br>BOAT SHOW | 18  |
| 19<br>M.A.C. | 20<br>Omaha NE<br>Flotilla<br>Meeting | 21  | 22<br>NATIONAL<br>BLOND<br>BROWNIE<br>DAY | 23              | 24              | 25  |
| 26           | 27                                    | 28  | 29  | 30              | 31              |     |



Here is the sign-up sheet for the 12 Days of Christmas (actually there are 15 days listed) for our chance to give the members of the “Gold Side” at the Coast Guard Station in Omaha a Holiday Season that they will remember. Please sign up to bring them a meal or treats one day, then forward your choice to me at [kc0h1b@cox.net](mailto:kc0h1b@cox.net), I will then send out a new list to the division. There are usually 2 or 3 Coasties on duty during this time of year.

| DATE      | NAME                  | FLOTILLA      | EMAIL  |
|-----------|-----------------------|---------------|--|
|           |                       |               |  |
| 22-DEC-19 | Bar & Bonnie Stebbins | Omaha NE      | <a href="mailto:b_stebbins@msn.com">b_stebbins@msn.com</a>   |
| 23-DEC-19 |                       |               |  |
| 24-DEC1-9 | Randy & Barb Evans    | NP Dodge Park | <a href="mailto:evansran7@gmail.com">evansran7@gmail.com</a> |
| 25-DEC-19 |                       |               |  |
| 26-DEC-19 |                       |               |  |
| 27-DEC-19 |                       |               |  |
| 28-DEC-19 |                       |               |  |
| 29-DEC-19 |                       |               |  |
| 30-DEC-19 |                       |               |  |
| 31-DEC-19 |                       |               |  |
| 01-JAN-20 |                       |               |  |
| 02-JAN-20 |                       |               |  |
| 03-JAN-20 |                       |               |  |
| 04-JAN-20 |                       |               |  |
| 05-JAN-20 |                       |               |  |