

“The Fun One”

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**The 2017 Winner of
the 8th Western Rivers Region
"Best Flotilia Newsletter" Award**



**Omaha Ne Flotilla
TANGIER SHRINE CENTER
2823 S. 84th St.
Omaha, NE 68124**

FLOTILLA 33-1 OFFICERS

Flotilla Commander (FC) - James Wolfe
Vice Flotilla Commander (VFC) - Barclay Stebbins
Immediate Past Flotilla Commander (IPFC) - Jim Westcott
AUX Scout - Warren Koehler
Communications (FSO-CM) - Jim Westcott
Communication Services (FSO-CS) - Barb Westcott
Diversity (FSO-DV) - Jim Westcott
Treasurer (FSO-FN) - George McNary
Human Resources (FSO-HR) - Jim Westcott
Information Services (FSO-IS) - Barclay Stebbins
Materials (FSO-MA) - Bernie McNary
Marine Safety (FSO-MS) - Doug Ives
Member Training (FSO-MT) - Warren Koehler
Aids to Navigation (FSO-NS) - Shane Wilson
Operations (FSO-OP) - Barclay Stebbins
Public Affairs (FSO-PA) - Jim Westcott
Publications (FSO-PB) - Barb Westcott
Public Education (FSO-PE) -
Program Visitor (FSO-PV) - Cannon Kinchelow
Secretary (FSO-SR) - Barclay Stebbins
Vessel Examiner (FSO-VE) - Cannon Kinchelow

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**On Facebook we are found at:
USCGAUX Flotilla 85-33-01**

SCHEDULE OF EVENTS

18 December	Flotilla Holiday Party
25 December	Christmas Day
01 January	New Years Day
08 January	Division Meeting
17 January	Flotilla Meeting

**8WR DISTRICT MONTHLY TRAINING
LOOK AT THE
DISTRICT CALENDAR ON THE
WOW WEBSITE TO FIND THE DATES
See the calendars and check our website
for possible date changes, RBS dates and
other operations.**

INSIDE THIS EDITION

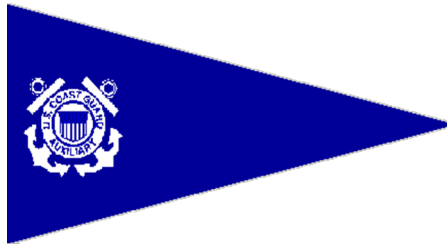
Flotilla Officers	2
Schedule of Events	2
Flotilla Commander Notes	3-4
CDR Hemann Message	5
Diversity Minute	6
Information Bug	7-9
November Calendar	10
December Calendar	11

**Please remember to check out the
website at:**
<http://a0853301.wow.uscgaux.info>



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FLOTILLA COMMANDER'S MESSAGE



Commander's Notes *December 2021*

What a year! It is always good to look back and see where we were a year ago. Many changes for us this year things and we move forward. Let's start with December 2020 Commander's Note 2020. **It seems that Mother Nature is not done with this "COVID" thing that is going around. (Dec. 2020 FUN ONE).** Here we are again, this statement hasn't changed. With another strain starting, we need to keep our guard up. With this, we have seen members being affected and ZOOM added to our meetings. Two of our longtime members have retired, no boat shows, no world of water, only two PE classes and the gold side moving south. Again, this month no 25 days of Christmas and the grounds turned over the Corps of Engineering, then they turned over to GSA.

With good people and our creativity, we not only handled the challenges but improved and moved forward. Looking at our set goals for Strategic Plan 2020-2026: READY, RE-SOURCEFUL and RESILIENT, we have a good start and have a solid foundation. Think back over last year and see which ones you see us doing. Zoom, Mentoring, Navy Sea Cadets, one parade, Farmer's Market.....

Goals:

- Develop new tools for Flotilla use in their recruiting and retention programs
- Updating current qualifications and courses
- Provide a unified web platform experience to facilitate mission and people needs
- Standardize, manage, and support Auxiliary financial policies and procedures
- Meet Human Capital needs of the Coast Guard and the Auxiliary
- Strengthen presence in all aspects of recreational boating safety
- Expand the Auxiliary Student Programs: Auxiliary University Program and Sea Scouts to meet mission and service needs
- Embrace an enhanced Safety Culture Auxiliary-wide

Forward.

January 2022 will see three new officers; onboard. Cannon taking on a third office, Pat taking on two offices and Ben taking on a new office. Thank you, mentors, for your work in helping them reach their goals. Cannon has taken on the position for the Coast Guard side working with the U.S. Coast Guard recruiter from KC to serve the state of Nebraska. He has already made two contacts with Omaha schools and has contacted several in Iowa with the help of Doug. Pat has been approved by the Nebraska. State Coordinator for the Academy to work toward becoming an Academy partner next year.

Through the Gasconade connection, we were asked to work with the Navy Sea Cadets with already three meetings. Six (6) members attending the Boast Safety Course. Again, the Gasconade has asked us to take this request on: Omaha National Cemetery has requested one or two USCG service members to assist with the wreath-laying ceremony.

Wow! What great people we have for our flotilla. Thank you for all your hard work BZ to all. With that, thank you for asking me to serve for another year. Great things ahead.

This is the season to say Happy Holiday. Merry Christmas to all and to all a good night!

V/r

Jim Wolfe FC 085-33-01



CDR Hemann was unable to attend the monthly Leadership ZOOM meeting this past month. She did send a message which I would like to share with each of you. Please read the message below:

Good evening, and happy holidays! As we barrel into winter it's time again for Americans to reflect and feel thankful, to feel community, and hope. Fortunately, Auxiliarists already do all of that, I feel and see all of those things in the relationships and activities happening year-round with the Auxiliary. I see the partnership and gratitude, the admiration, and faith in each other that goes to building a strong Auxiliary. It's not always perfect but, we're working together to make it more so.

As the year draws down there's always a lot more to do for the Auxiliary, lots of planning, coaching, and transitioning. I ask that our exiting leaders take the time to reflect, and pass along some lessons learned. I ask that our new leaders clear their minds and calendars so they are ready to tackle the challenges ahead.

It's been relatively quiet lately with two exceptions, the excited planning for NTRAIN in January, and the latest request for vaccination information. Please understand where that request is coming from, it's not the NACO just looking for information, it's information that our entire leadership chain needs, specifically and including the Commandant. With regards to NTRAIN, certainly it's a great opportunity for any member to participate that can, but assure your members that AUXA, and Aux leadership, and CG leadership are invested in having the event, and bringing in leaders to learn from each other and to connect and grow in their commitment to excellence. It's not a party, it's where the rubber meets the road and leadership comes together to make changes happen. And to do that leaders are already gathering thoughts, making recommendations, and sharing their triumphs. Please encourage your staff officers in particular, to seek out input and pass-up recommendations through their reporting chains so that their concerns, questions, and recommendations can be addressed by the leadership team in January.

I am very much looking forward to seeing many of you in coming weeks at Change of Watch ceremonies. Please make each of them special and memorable for the participants and the general membership. These ceremonies and celebrations are part of the Auxiliary culture, they are what makes you unique from other volunteer organizations. Emphasize that, embrace it, and remind your members of the importance of keeping that culture alive.

I'll see you soon, have a very wonderful holiday season!

CDR Hemann





THE DIVERSITY MINUTE

Barb Westcott, DCDR, SO-PB, FSO-CS/PB

The information for this article can be found at:

[PAD PartnersAuxiliaryDiversityBulletin Edition 02 2013.pdf](#)
([uscgaux.info](#))

WHY I BELIEVE IN DIVERSITY AND INCLUSION

By Frank Dannenberg, Jr. ~ 20 June 2012

When I heard about this new position ,”Flotilla’s Advisor on Diversity,” I approached Flotilla Commander Clamp and I asked her for the position. She appointed me to become the new Diversity Advisor to Flotilla 74.

I am an American citizen but I was born in Havana, Cuba in 1947. My father was a very smart man and he moved the family, as documented residents, to the United States in 1956, two years before Fidel Castro and his Communist Revolution took over the Island in December 1958.

My father always taught me to respect everyone, no matter who they were, their status in life, religion, color of their skin or their political points of view. He taught me of the great dreams that lay ahead in this land of guaranteed freedoms and opportunities. He taught me that if I followed the laws of the land, kept my nose clean, got an education and worked hard, the only thing I could not become was President of the United States of America. That was OK with me because at the time the only thing that I cared for was fishing and playing American football. He also taught me something very important that seems to be forgotten by many today. He told me, “Respect the rights of others to have and share in these same dreams and opportunities.”

We later became Citizens of the United States. We became part of the melting pot and guess what? That is what Diversity and Inclusion is all about. This idea of oneness and bringing in all of the skills, strengths, desires, dreams, opportunities and richness in cultures is what has made this melting pot so strong and admired throughout the world. The American Dream! Is this a country or what?





INFORMATION BUG NOVEMBER 2021

The information for this article was found at: [Frostbite -
National Safety Council \(nsc.org\)](https://www.nsc.org/frostbite)

Avoiding Frostbite and Hypothermia

Cold weather can be dangerous for anyone who spends time outdoors for either work or pleasure. Be mindful of the risks. Excessive exposure to low temperatures, wind or moisture can cause two dangerous conditions: frostbite and hypothermia.

Before venturing outside in winter, be sure to:

- Check the temperature and limit your time outdoors if it's very cold, wet or windy.
- Bundle up in several layers of loose clothing
- Wear mittens rather than gloves
- Cover your head and ears with a warm hat
- Wear socks that will keep your feet warm and dry

Frostbite

Even skin that is protected can be subject to frostbite. It's the most common injury resulting from exposure to severe cold, and it usually occurs on fingers, toes, nose, ears, cheeks and chin. If caught early, it is possible to prevent permanent damage. If not, frostbite can cause tissue death and lead to amputation.

Superficial frostbite affects the skin surface while the underlying tissue remains soft. The skin appears white, waxy or grayish-yellow and is cold and numb.

If the condition progresses to deep frostbite, all layers of the skin are affected and the outcome likely will be more serious. The skin will become completely numb, blisters may form and eventually the skin tissue dies and turns black.

Continued on the next page

If you suspect frostbite:

- Move the victim out of the cold and into a warm place
- Remove wet clothing and constricting items
- Protect between fingers and toes with dry gauze
- Seek medical attention as soon as possible
- Warm the frostbitten area in lukewarm water (99 to 104 degrees) for 20 to 30 minutes only if medical care will be delayed and if there is no danger of the skin refreezing
- Do not use chemical warmers directly on frostbitten tissue
- Protect and elevate the frostbitten area

Hypothermia

Hypothermia occurs when the body's core temperature drops below 95 degrees. Hypothermia is most associated with exposure to extreme cold, but it can also occur at higher temperatures if a person becomes chilled from being soaked with rain or submerged in water.

Severe shivering, one of the first signs of hypothermia, is beneficial in keeping the body warm. But as hypothermia progresses, shivering gives way to drowsiness or exhaustion, confusion, shallow breathing, irregular heartbeat, slurred speech, loss of coordination and, eventually, unconsciousness and death.

Paradoxical undressing is an extremely rare symptom of hypothermia. The victim undresses instead of bundling up. Researchers believe that in the final throes of hypothermia, victims may feel like they are overheating due to a rush of warm blood to the extremities.

If you encounter someone suffering from hypothermia:

- Check responsiveness and breathing, and call 911; except in mild cases, the victim needs immediate medical care
- Provide CPR if unresponsive and not breathing normally
- Quickly move the victim out of the cold
- Remove wet clothing.
- Warm the victim with blankets or warm clothing
- Only if the victim is far from medical care, use active rewarming by putting the victim near a heat source and putting warm (but not hot) water in containers against the skin
- Do not rub or massage the victim's skin
- Be very gentle when handling the victim
- Give warm (not hot) drinks to an alert victim who can easily swallow, but do not give alcohol or caffeine

Continued on the next page

These steps are not a substitute for proper medical care. Be sure to seek medical attention for frostbite and hypothermia as soon as possible.

The free [NSC Emergency Medical Response app](#) can keep these steps and many more first aid treatments right on your phone. The need to give first aid can be daunting, and this app gives you the information you need to help save someone from injury or death.

If You Go to Extremes

Winter is fun. So go make those snow angels and tackle that double black diamond. Just make sure to limit your exposure and bundle up.

If you're considering taking the Polar Plunge, make sure to consult a doctor first to determine if you have any underlying health problems. The enormous shock of these types of activities puts a strain on the heart, doctors say. Keep in mind:

- Cold shock will have you gasping for air
- Blood flow will divert to your organs
- You may become paralyzed or weak
- Blood pressure increases due to constricted blood vessels, causing greater risk of stroke



December 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18 Flotilla Holiday Party 1700 - ?
19	20	21	22	23	24	25 
26	27	28	29	30	31	

January 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 
2	3	4	5	6	7	8 Division Meeting, Training & COW
9	10	11	12	13	14	15
16	17 Omaha Flotilla Meeting @ Tangier Shrine	18	19	20	21	22
23	24	25	26	27	28	29
30	31					